





Research

Unnatural postures are a risk factor for development of complaints of wrist and forearm (Karlqvist 1994, Jensen 1998, Hagberg 1994). When the mouse is positioned closer to the body the strain of shoulders and neck decreases (Armstrom 1995, Cook 1998).Productivity is lower when using a trackball and touchpad, standard mice and pen tablets enable a higher productivity.





- 2. Use of the hand to click
- 3.







Unique: you click the mouse by using your hand to move it slightly to the left or right.

Ergonomic: clicking by using your hand reduces tension on the fingers.

Neutral position: the vertical orientation of the mouse keeps the wrist and forearm in a natural position.

Convenient: use it with either your right or left hand.

Comfortable: removable palm support keeps the little finger supported.

Specifications

Dimensions: Weight: Product code: 88 x 80 x 91 mm (W x H x D) 132 g BNEROCKMWMS (Multiple versions)



Health & Safety Regulations

The handshake position of vertical mice keeps the wrist from bending as much to the side while the forearm also turns inward to a lesser degree (Schmid, et al., 2015). This means that muscle activity in the forearm is less than it would be when using a conventional mouse (Quemelo & Vieira, 2013).

Research has shown that the use of a vertical joystick mouse ensures a faster recovery from forearm, wrist and hand complaints (Aarås, et al., 2001).

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